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Ventura County Events

Ventura County Fair

August 2 - 13

*Ventura County Fairground
www.Venturacountyfair.org*

Fishing Frenzy Event for Kids

*August 5 10am - 1pm
Conejo Creek Park North
www.crpd.org/events/
fishing-frenzy*

42nd Annual Wings Over Camarillo Airshow

*August 19 - 20
Camarillo Airport
wingsovercamarillo.com*

Thousand Oaks Rotary Wine and Beer Festival

*August 19th 5pm - 9pm
Hyatt Regency Westlake*

Westlake Village Concert

*Pat Benatar Tribute
August 26th 7pm to 9pm
Berniece Bennet Park*

Keeping Your Home Cool

Summer is in full swing! That means endless days by the pool, ice-cold beverages, and a great tan but if you don't have air conditioning or don't want to run it, it may also mean a very hot time indoors. While not having A/C during the summer may seem like a simple inconvenience, it can also be dangerous depending on how hot it gets in your location.

No air conditioning can pose serious medical threats, especially for elderly, sick people and our pets. If your home doesn't have air conditioning, there are some tricks to help keep your home safe and cool during the hottest months of the year. You'll feel more comfortable in your home, and you'll love saving hundreds of dollars each month from not having to factor heavy use of your A/C into your electric bill.



Close the Curtains During the Day, and Use Dark Ones

You might be wondering why you have to close the curtains when you're trying to cool your room down. During the summer, leaving your curtains open will mean giving the sun access to your room. Thus, it's important to leave the curtains or blinds closed during the day to block the sun. This will help you cool down your room without AC.

Open Windows and Interior Doors at Night

Apart from closing the curtains during the day, you can open it at night. At night, the sun is gone and you can enjoy the cool night breeze, but not if the curtains are closed. So, you should always open the windows and interior doors in your home at night. By opening the windows, you can also create a cross breeze that will fill your room with cool air.

Place Ice or Cool Water in Front of a Fan

Another helpful tip is to put cold water or ice in front of the fan while it's on. This will cause the fan to blow the coolness of the water or ice around, thus making your room cooler. It's best to close the door and windows when you do this, to keep the air trapped inside.

Upgrade All of Your Incandescent, Fluorescent, and Other Light Bulbs to LED

All electronic equipment emanates heat, including light bulbs. With these lights on, it might be hard to keep a room cool during the day. This contributes to the temperature of your room. LED lights, on the other hand, stay cool. As a bonus, they are more energy-efficient, so you'll save on your utility bills.

Welcome to Ventura Management!

Sara Esteban
Emily Esteban-Baughman

Andy & Sara Lepe

Michael Thom
Diana Thom

Noah Forrider
Zakary Kennedy
William Stephens

Gabriella M. Coman-Hovell

Hans Dall

Ranjeet Gupta

- *Need to buy or sell your home? Ask how we can save you thousands!*
- *Know someone who needs help with property management. We can help!*

Chris Marsh has been in the real estate business and serving the Ventura County area for over 25 years. He is well versed in all types of real estate matters

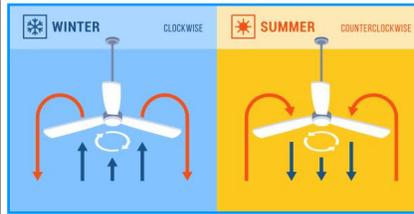


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Keeping Your Home Cool (Cont.)



Adjust Your Ceiling Fan According to the Season

You can also change the settings of your ceiling fan according to the season. Did you know ceiling fans have two modes? Depending on the way the blades turn, they can either create a breeze or force the warm air down (hot air always

travels up). So, you can make it create a breeze during the summer and force warm air down during the winter. It should spin counter-clockwise during the summer and clockwise during winter. For your bathroom and especially your kitchen, which releases a lot of heat, you can use an exhaust fan. The fan will pull the steam out of the room while you cook, so it's a good way to cool down a room.

Buy a Cooling Mattress, Pillows, and Sheets

Mattress technology has been developed to help you stay cool at night. Whether they have moisture-wicking covers or breathable foam cores, there are many varieties of cooling mattresses to get you through summer sweat-free. If you can't afford cooling mattresses, pillows, and sheets, you can use cotton sheets on your bed and make sure you use nothing else. Cotton is more breathable than other materials, so it will make your nights feel cooler.

Use the Egyptian Method

It's a method where you use a damp sheet as a cover to stay cool — basically a DIY swamp cooler. If you try it, set your fan on low, since cooling down your muscles too much might make you feel uncomfortable.

Drink More Cool Water

Our bodies are mostly made of water, so staying hydrated is a sure way to stay healthy and comfortable. If you're dehydrated or drinking warm water, you will feel more affected by the heat.

Cool Off Your Pulse Points

If you're really hot, you could place an ice pack or a cool, wet towel on your pulse points: your wrists, ankles, the crooks of your elbows, and the backs of your knees. Just be sure to cover your skin with a towel to protect it from getting too cold.

AugustQuote:

"Summertime.... Some of the best memories are made in a pair of flip-flops"

... Kellie Elmore

Member of the National Association of Residential Property Managers

